



AMY KEMP

ABOUT AMY

Amy Kemp is the owner & CEO of Amy Kemp, Inc. In her work within this growing company, Amy helps leaders and business professionals understand how deeply thought habits impact every part of our work and lives.

As a certified Habit Finder coach, Amy has led over 300 female business leaders through a four-month leadership development engagement called Encounter that is designed to replace unhealthy thought habits with more healthy ones. She has also worked through the Habit Finder curriculum with hundreds of leaders in one-on-one settings and with leadership teams at small and large companies.

In her workshops and speaking engagements, she is an effective communicator, strategic coach, and business owner best known for making complicated ideas and strategies simple and accessible to all people. Audiences feel understood and affirmed and also challenged to become more. Amy's speaking is woven with real-life examples and principles that people remember and implement for years.

POPULAR SPEAKING TOPICS

- Get Stuff **DONE!** - Overcome the Whirlwind & Execute
- Surrender to Structure - Choose to Embrace Processes and Habits That Create Peace & Freedom
- Intrinsic Validation - Taking Down Walls & Creating Authentic Connection
- 5 Strategies to Work Less, Get More Done & Actually Enjoy the Journey
- Accurate Communication - How to Own Your Seat at the Table

CONTACT INFORMATION



815-205-0462



amy@amylynnkemp.com



amylynnkemp.com



@amykempinc



@amykempinc

TESTIMONIAL

"After hearing Amy speak, I returned to my office and made some very concrete, business-changing changes. I am proud to say that I am working fewer hours, enjoying my work more AND I am having my best year in sales ever. I never thought that was possible!"

- Carrie T, Sales Manager